

***GENOA-KINGSTON
CUSD #424***



***Preparing Students to Excel and
Contribute to their Community***

***Extracurricular Handbook
Updated August 2016***

**EXTRACURRICULAR HANDBOOK
TABLE OF CONTENTS**

INTRODUCTION & ATHLETIC CREED.....	3
PHILOSOPHY OF EXTRACURRICULAR ACTIVITIES.....	4
RESPONSIBILITIES OF STUDENT PARTICIPANTS.....	4
TRAVEL TO AWAY CONTESTS/EVENTS.....	5
INTERSCHOLASTIC COMPETITION ACTIVITIES OFFERED.....	5
PARENTAL SUPPORT.....	6
PHYSICAL EXAMINATION.....	6
ELIGIBILITY REQUIREMENTS.....	6
ELIGIBILITY.....	7
TRANSFER STUDENTS.....	8
DAILY ATTENDANCE.....	8
EXTRACURRICULAR CODE OF CONDUCT.....	9
I. Conduct of participants.....	9
II. Training.....	9
III. Dress Code.....	9
IV. Major Violations.....	9
V. Disciplinary Actions.....	11
VI. Penalty Timelines.....	12
VII. Minor Violations.....	12
VIII. Unsportsmanlike Conduct.....	12
IX. Individual Coach/Sponsor Rules.....	12
X. School Day Disciplinary Actions.....	13
XI. Reporting of Training Codes of Conduct Violations.....	13
APPEAL CLAUSE.....	13
CONFERENCE MEMBERSHIP.....	14
ATHLETIC PASSES.....	14
ATHLETIC TRY OUTS.....	15
PLAYING TIME.....	16
DISTRIBUTION OF HANDBOOKS.....	16
CONSENT FORM.....	17
CHAIN OF COMMAND.....	17
EXTRACURRICULAR EQUIPMENT.....	17
RISK OF INJURY.....	18
INSURANCE CLAIMS.....	18
ATHLETIC TRAINER SCHOOL VISITATION PROGRAM.....	18
AWARDS.....	18
SPECIAL AWARDS.....	19
IHSA ATHLETIC ELIGIBILITY RULES.....	19
GENOA-KINGSTON ATHLETIC DEPARTMENT CORE VALUES.....	19

Revised: August 2016

INTRODUCTION

Extracurricular participation is important component of Genoa-Kingston High School. We believe that every boy and girl enrolled in our high school should have the opportunity to participate in some extracurricular activities if he/she has the desire and willingness to devote both the time and effort required to successfully participate in such a program.

We believe that properly conducted extracurricular activities are a very important aspect of the total educational process. With this in mind we make every effort to continuously evaluate our programs so that improvements can be made to increase the overall quality of each program.

Success and winning are important in today's society, but not at the expense of sportsmanship or tactics outside of the established rules of play. The coaches/sponsors at Genoa-Kingston High School teach and motivate their students to win fairly so that they may take pride in their successes. They also place emphasis on the enrichment of extracurricular activities throughout one's lifetime.

The extracurricular departments take this opportunity to welcome all student-athletes to Genoa-Kingston High School. Parents are a very important part of our programs and we welcome their interest as well as support. This booklet has been prepared in order to better explain and clarify our extracurricular program, for both students and parents, and we sincerely hope that you will contact us if there are questions or concerns.

I AM A COG GK Athlete's Creed

I wear this uniform with pride.
It is not a right, but a privilege
to represent myself, my family,
my teammates, my school
and my community.

I appreciate those who came
before me and I am honored to
have the opportunity to continue
the traditions set forth while
wearing the Blue and Orange.



PHILOSOPHY OF EXTRACURRICULAR ACTIVITIES

The interscholastic extracurricular program shall be conducted with existing Board of Education policies and Illinois High School Association (I.H.S.A.) rules and regulations. We believe that interscholastic activities are an integral part of the school's total curriculum.

We believe that participation in extracurricular activities should be an important part of the total educational experience for all students who attend Genoa-Kingston High School.

We believe that participation in a sound extracurricular program contributes to the development of health and happiness, physical skills, emotional maturity, social competence and moral values.

We believe that a sound program teaches the students the true values of cooperation as well as the spirit of competition so important to our society. The student learns how to work with others for the achievement of group success.

We believe that the spirit of play and the will to win are valuable to the development of a healthy mind and healthy body.

We believe that extracurricular programs are a wholesome equalizer because individuals are judged for what they can achieve, not stemming from the basis of any social, ethnic or economic groups to which their families belong.

RESPONSIBILITIES OF STUDENT PARTICIPANTS

It is a privilege (not a natural right) to participate in interscholastic extracurricular programs.

This privilege of participating in the Genoa-Kingston extracurricular program is extended to all boys/girls providing they are willing to assume certain responsibilities.

A student's greatest responsibility is to proudly represent his/her parents, school and community. Therefore, he/she should:

1. Display a high standard of social behavior.
2. Not use tobacco, alcohol or any controlled substance as this is expressly prohibited.
3. Display outstanding sportsmanship.

4. Display proper respect for those in authority; including teachers, coaches and officials.
5. Display a real spirit of cooperation.
6. Use language that is socially acceptable. Profanity or vulgar talk will not be tolerated.

TRAVEL TO AWAY CONTESTS/EVENTS

Participants are required to ride on the scheduled bus both to and from away contests. Riding home with parents is discouraged. However, with a written note and the coach's/sponsor's approval, a student may ride home only with his/her own parents/legal guardians.

Athletes who miss the bus departing from GKHS will not be allowed to participate even if they procure a ride to the away contest. The athlete is still eligible to participate if they procure a ride from his/her own parents/legal guardians with prior approval through the building principal/Athletic Director.

Exceptions to the above, must have approval through the building principal/Athletic Director prior to leaving for the contest, unless it is considered an emergency by the coach/sponsor in charge. This approval needs to take place one day in advance of any foreseen problem.

INTERSCHOLASTIC COMPETITION ACTIVITIES OFFERED **The following are the team sports/activities currently offered at** **Genoa-Kingston High School**

Boys

Football
Basketball
Baseball
Track
Golf
Cross Country
Cheerleading
Wrestling
Soccer
Dance
Band

Girls

Volleyball
Basketball
Softball
Track
Golf
Cross Country
Cheerleading
Wrestling
Soccer
Dance
Band

Chorus
Drama
Scholastic Bowl

Chorus
Drama
Scholastic Bowl

PARENTAL SUPPORT

It is of considerable importance for parents to encourage the student-athlete in all phases of athletic competition. Parents should help the athlete set up procedures for following rules and controlling study habits.

The policies outlined in this booklet are designed to prevent problems. With parent support and cooperation, we believe that penalty assessments can be held to a minimum. On the other hand, without parent support and cooperation, the policies will be difficult to implement.

There will be a parent meeting before each extracurricular season. At least one parent/guardian is strongly encouraged to attend. This meeting will take place prior to your student's first extracurricular activity.

Parents Code of Conduct:

Prior to a student-athlete's first extra-curricular activity of a particular school year, parents/legal guardians must sign the Parents Code of Conduct stating that they will adhere to the same regulations of Sportsmanship that the student-athletes are to uphold as our parents and fans are also a huge part of the culture and climate of our school. Parents/legal guardians are representing our school and our teams as well as spectators at athletic events. The school district's administration reserves the right to remove any person from an athletic contest, both home and away, where Genoa-Kingston is participating. The school district's administration also has the right to set forth disciplinary action for any and all spectators who display poor sportsmanship.

PHYSICAL EXAMINATION

Each participant is required to have passed a physical examination before he/she may practice.

The physical form may be obtained from the athletic office.

The physical form **MUST** be turned into the Athletic Office before he/she may practice.

A properly signed physical examination report is valid for one (1) calendar year.

ELIGIBILITY REQUIREMENTS

Extracurricular programs are an important compliment to the total school program. However, it is the position of Genoa-Kingston C.U.S.D. #424 that academics come first. The primary

responsibility of the school program is to properly prepare students for their futures. This might include higher education, the military or the world of work. It is of extreme importance that students achieve satisfactory work in all of their classes.

Any student who represents Genoa-Kingston High School in interscholastic competition must meet all eligibility requirements of the Illinois High School Association and Genoa-Kingston High School.

ELIGIBILITY

Students will not be allowed to practice or compete until the following forms are properly filled out and on file with the athletic department.

1. Student and Parent Consent form
2. Physician's Certificate form (Physical)
3. IHSA Steroid Testing Policy Consent Form
4. School Registration fees must be paid prior to first event.

If a student participates in a practice before he/she completes and submits the above forms, then he/she will be ineligible to compete in the first regular scheduled contest.

Weekly Academic Eligibility Standards:

The following point system will be used to determine WEEKLY academic eligibility.

1 point for each D received

2 points for each F received

*Quarter grades (not semester grades) will be used for determining WEEKLY eligibility.

Any total of four points renders that athlete ineligible from competition for the following week starting on Monday and continuing through Sunday. Academic eligibility is taken on Thursday afternoons at the conclusion of classes for that particular day. If a student is deemed ineligible on Thursday, they will not participate in any events the following week but will still remain eligible to participate through Saturday's contests. Students are responsible for understanding this deadline. The following timeline will occur in a case of ineligibility:

1st week in a season – participant will continue to practice with team and grades will be monitored by coach/sponsor.

2nd week in a season – participant may not be allowed to practice with team and grades will be monitored by coach/sponsor.

3rd week in a season – participant could possibly be removed from activity and all equipment/uniforms will be turned in promptly. Situations will be determined as case-by-case.

Semester Eligibility Standards:

Semester Eligibility is set by the IHSA. To remain in Good Scholastic Standing, a student must have passed and received credit toward graduation for twenty (20) credit hours of high school work for the entire previous semester to be eligible at all during the ensuing semester. Twenty (20) credit hours is the equivalent of four (4) .5 credit courses (two full credits). Students who take credit recovery classes after the semester is over will still remain ineligible for the ensuing semester.

TRANSFER STUDENTS

Students who transfer into the district from another school district at any time throughout the school year or during the summer months must abide by the policies and procedures set forth by the IHSA. Transfer students and parents should be aware that, depending on particular circumstances, there may be the chance of ineligibility for extra-curricular involvement for a certain amount of time depending on each individual case.

Genoa-Kingston CUSD #424 will uphold any and all ineligibilities and/or suspensions for any transfer student who may have had such ineligibilities and/or suspensions imposed on him/her by the prior district(s). If a transfer student has had prior suspensions from extra-curricular activities in another district(s) during his/her high school tenure, Genoa-Kingston CUSD #424 will recognize those prior incidents and/or suspensions in the case of determining any future suspensions and/or disciplinary actions.

Students who transfer into the district must reside at a residence within the district boundaries and must also reside full-time with parent(s), custodial parent(s) or court-appointed legal guardian in order to be eligible to participate in interscholastic athletics in the State of Illinois.

DAILY ATTENDANCE

The I.H.S.A. mandates that daily attendance is a crucial pre-requisite for continuing extracurricular eligibility. Genoa-Kingston will adhere to the following guidelines regarding daily attendance:

1. If a student is absent from school for ten (10) consecutive days during a semester, (except for specific reasons outlined in the I.H.S.A. by-laws) the student will be ineligible for the rest of the semester.
2. In order for a student to be eligible to compete in an interscholastic contest or participate in a regularly scheduled practice, the student must be in attendance for at least the last half of the school day (11:45-2:50). Exceptions can be made for approved absences.
3. Any student that procures an Unexcused Absence to any class throughout the school day will be ineligible for participation in any interscholastic contest on that calendar day.

4. Any student that is hospitalized for either mental and/or physical reasons may no longer be eligible to participate in extra-curricular activities until written authorization stating that the student may return to the team is signed by the licensed physician and is on file in the High School Athletic Office.
5. Any student not in attendance during the regular school day due to outpatient care (either mental or physical in nature) may not participate in extra-curricular activities in any way until they are cleared to return to school by the tending licensed physician.

EXTRACURRICULAR CODE OF CONDUCT

I. Conduct of participants

A firm and fair policy is necessary to uphold the regulations and standards as well as the reputation of Genoa-Kingston High School. The community, school administrators, the coaching staff, and sponsors feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of interscholastic extracurricular activities. The welfare of the student is our major consideration and transcends any other consideration.

II. Training

Extracurricular participation, by its very nature, must be a competitive activity which requires a high level of physical conditioning, training and skill. Each coach/sponsor is responsible for designing a specific program to heighten extracurricular performance. Proper exercises and drills will be employed to develop the necessary skills of the activity. However, the student and his/her family are both responsible to make certain that the student has appropriate amounts of nutrition, rest and exercise to ensure his/her peak performance. In short, training means that the student must follow an appropriate routine specifically designed to maximize both mental and physical performance.

III. Dress Code

Everyone will be expected to dress in attire, while traveling to and from extracurricular contests, in a manner that represents our school district in a positive fashion. If a coach/sponsor of a particular activity wishes to instill a consistency in dress, he/she can do this with the approval of Principal and Athletic Director.

During the Extracurricular Contests, each participant is expected to dress and present themselves in like manner. We feel strongly that team cohesiveness and unity can be enhanced by everyone following the same guidelines. There might be exceptions, as there are with most any contest an athlete wishes to participate in.

IV. Major Violations

Medical research clearly substantiates the fact that use of tobacco, alcohol and any type of mood-modifying substances produces harmful effects on the human organism.

You cannot compromise athletics with substance abuses. The student who wishes to experiment with such substances should remove him/herself from the team before he jeopardizes team morale, team reputation, team success and does physical harm to him/herself or others.

The communities of Genoa and Kingston are concerned with the health habits of student athletes and are convinced that extracurricular participation and the use of these substances are not compatible. It is also a fact that when students have a strong interest to participate in extracurricular activities, their desire to use these substances is greatly reduced. If you wish to be a participant, you must make the commitment. A big part of this price is following a simple set of rules, which Genoa-Kingston High School believes to be fair.

- A. Use of Tobacco* - Research emphasizes that use of tobacco is physically harmful to young adults. The harm done by this is not only a health problem. The community follows the progress of young athletes, and any deviation from accepted training rules marks one as unwilling to pay the price. A squad member breaking the rules is a reflection on the entire team, group or club. This rule means no use or possession of tobacco for 12 months of the calendar, in or out of season.

- B. Alcoholic Beverages* - There is no way to justify participants using alcoholic beverages, even though social pressure may be hard to resist. The people who would like to draw the participant into their drinking sessions will be the first to criticize the participant if he does not come through in a contest. Again, this rule means no possession or drinking all year, not just during the season or school year. In cases where a student feels he/she has been unfairly charged, it is the student's responsibility to ask for a breath test to prove innocence. It should be noted that the student-athlete is in violation as long as they are in attendance at any function or event where underage drinking occurs and that consumption is not necessary for any disciplinary action to take place.

- C. Drugs* – Genoa-Kingston High School expressly prohibits the unauthorized use of illegal and/or non-prescription drugs. Examples of these illegal substances may include, but are not limited to: look-a-like drugs, marijuana, cocaine, crack, steroids, etc. Simply stated, drug abuse is the consumption of any chemical

substance or the smoking of some plant derivatives for the purpose of mood alteration. The rule against substance abuse and possession of illegal drugs is in effect all year (12 months).

- D. Criminal Law* - Any participant directly involved with a violation of any criminal law or ordinance that would bring discredit or dishonor on the individual, the team, or the school will not be tolerated. Once again, this rule is in effect 12 months. All violations will be reviewed by the principal and A.D with consultation of the coach/sponsor. Penalty can range from reprimand to removal from high school extracurricular activities for up to 4 years.

**It also needs to be understood that being present at parties, locations and/or events where the above illegal activities are taking place will fall under this Rule IV. The participant needs to have shown intent to leave a situation once it was realized that illegal activity was taking place to not have disciplinary action taken against that particular individual. Any student in the presence of, but not physically participating in, the illegal activity could have their resulting disciplinary action reduced by as much as half if decided by school administration to do so.*

V. Disciplinary Actions

Violations of these above rules shall be considered as major violations of the extracurricular code. Penalties for violations shall be as follows:

- A. **First offense** – For athletic participation, suspension from competing in one quarter (1/4) of the total number of scheduled extracurricular events for the current season (or next season that the student-athlete wishes to participate if he/she is currently not in-season). Students may be allowed to attend practices, but may not dress for performances. If less than 1/4 of the season remains, the remainder of the penalty will carry over to the next season in which the person participates. For school-based activities, suspension will be determined by school administration (Athletic/Activities Director and Principal) based on the length of the activity or the total amount of the performances.

Any combination of two (2) violations of the rules listed in IV may be considered a second offense.

- B. **Second offense** - ineligible from future extracurricular participation for one calendar year from date of second offense.

- C. **Third offense** – Student will be deemed ineligible to take part in any extra-curricular activities of any kind for the remainder of their high school career.

**Participants will be offered the opportunity to participate in a pre-approved alcohol/drug rehabilitation program at the student's expense. Upon successful completion of the program, the participant will be reinstated immediately. Participants will only be allowed this opportunity one time and if additional violations should occur the punishment is 1-year suspension.*

VI. Penalty Timelines

Penalties shall be assigned after the head coach/sponsor of the activity, the athletic director and the principal have conferred. Suspensions will commence on the day their decision is rendered. If the violation occurred out of season - then the penalty will be assigned during the next sports season/event the student has historically participated in if applicable.

VII. Minor Violations

The coaching staff/sponsor, athletic director and the principal reserve the right to assign penalties for minor violations of good conduct. These might result from minor vandalism, poor sportsmanship, fighting, harm to others, self-harming, derogatory comments and/or text (verbal, written and/or through social media), profanity, or other infractions. The penalties for minor infractions can carry a penalty of reprimand to a maximum 7-calendar day suspension (or up until the next scheduled contest if there is no game/match/event scheduled in that particular 7-day time span). There is no limit to the number of minors one can be assessed. They are separate from major violations. The head coach/sponsor, the athletic director and the principal shall have the sole responsibility of determining major and minor offenses. (The head coach and Athletic Director will determine if the student may be allowed to attend practice sessions.)

VIII. Unsportsmanlike Conduct

Disrespect to coaches/sponsors, players, administrators, and fans will not be tolerated at extracurricular events. This is true for fans and parents who attend games. The money you pay to watch an athletic event does not entitle you the right to act with disrespect while in attendance. Everyone has a responsibility to represent Genoa-Kingston in a positive fashion. Penalties will range from reprimand, to suspensions from participation or attendance at athletic events. Genoa-Kingston High School reserves the right to ban a parent for up to one calendar year for inappropriate behavior at a contest. This would

include a parent who is removed from a contest by an official, coach/sponsor, or school administrator.

IX. Individual Coach/Sponsor Rules

Coaches/sponsors may establish additional rules and regulations (including rules regarding attendance at both practices and games/meets) with the approval of the athletic director and principal for their respective activities. These rules, as pertaining to a particular activity, must be given by the coach/sponsor in writing to all members and explained fully at the start of the season. Penalties for violation of team rules will also be in writing and shall be administered by the coach/sponsor. Copies of all additional team rules by coaches/sponsors are on file in the athletic office.

X. School Day Disciplinary Actions

SCHOOL DISCIPLINE REFERRAL - Any student referred to the office for a school rules violation may be denied the privilege of participation in all extracurricular activities for a period as determined by the principal and athletic director.

XI. Reporting of Training Codes of Conduct Violations

The athletic director and the head coach/sponsor should be immediately notified when a violation of the extracurricular code occurs. Four sources of information will be acceptable to qualify as acceptable affirmation:

1. *Personal admission by the student;
2. Written or oral report from any police department;
3. Detection by school officials; and
4. Reporting (verbal or written) by a reliable and credible adult willing to **support the accusation with testimony.**

**Self-reporting clause for athletic code violations: Any student who self-reports a violation to School personnel may have their suspension reduced by as much as, but no more than half.*

Henceforth, any violation of extracurricular conduct will not be tolerated in this school district. We expect each of our students to be fine representatives of the Genoa-Kingston School District.

APPEAL CLAUSE

This handbook is designed to address some of the most common examples and situations of extracurricular conduct. All possible incidents involving rule violations cannot be outlined in this handbook. Extraordinary circumstances will most likely make each discipline case fairly unique. When new or uncommon rules violations occur, a firm, fair and consistent penalty will be assigned. Any student who is suspended from extracurricular participation as a result of violations listed in this handbook shall have available a due process procedure. A student may appeal decisions of the head coach/sponsor, principal and athletic director involved in this

handbook.

The procedure is as follows:

Step 1. Contact the District Superintendent by phone, letter or in person within forty-eight hours of the suspension.

Step 2. The Superintendent will review the case and render a decision within forty-eight hours.

Step 3. File a formal appeal with the Board of Education within 10 days.

**During the appeal process the student will remain ineligible to participate in athletic contests.*

CONFERENCE MEMBERSHIP

Genoa-Kingston High School is a member school of the Illinois High School Association and the Big Northern Conference. The member schools consist of:

Genoa-Kingston
Byron
Dixon
Mendota
North Boone

Oregon
Rockford Christian
Rockford Lutheran
Rock Falls
Stillman Valley
Winnebago

ATHLETIC PASSES

\$75.00 Family passes for one full year to all extracurricular events except **school and IHSA tournaments** (Junior High included). A family pass includes parents and siblings of the athlete.

GK PRIDE CLUB*

\$50.00 Student passes for one full year to all events except **school and IHSA tournaments**. Student also receives multiple shirts, membership card and opportunity to participate in a number of different raffles and door prizes.

*If a student's family has already purchased a Family pass, they may still purchase a membership into the GK Pride Club for the reduced price of \$25.

Senior Citizen passes are given free to any person age 65 and older who registers with the athletic department and picks up a life time pass (Junior High included).

All employees of district #424 will receive a pass good to all home events except school and IHSA tournaments.

Conference passes will be given out to coaches, administrators and persons directly involved with G-K athletics.

ATHLETIC TRY OUTS

Whenever possible, Genoa-Kingston High School will keep all athletes who go out for a particular sport. However, due to supervisory and safety concerns, and the number of players who actually play in a contest, it may be necessary to cut the number of team members. It is not fair to keep athletes on a team if they will not play in events or games because their athletic ability falls below what is needed to play that particular sport.

The Head Coach and/or staff will be the judge(s) of who is cut and who remains on the team. Be aware that underclassmen may make the varsity team while juniors and seniors may be cut, based on the criteria established by the coach and staff. By the same token, freshmen may make the Frosh/Soph team while sophomores may be cut.

The following numbers are to be used as a guideline only and the actual number of athletes to be kept on each team will be determined and announced at the time of the try outs by the Coach, Athletic Director, and building Principal.

<u>Sport</u>	<u># of team members</u>
Varsity Volleyball	12-15
Sophomore Volleyball	12-18
Freshman Volleyball	12-20
Varsity Golf	10-12
JV Golf	8-10
Varsity Girls Basketball	14-16
Sophomore Girls Basketball	14-16
Freshman Girls Basketball	15-20

Varsity Boys Basketball	14-16
Sophomore Boys Basketball	14-16
Freshman Boys Basketball	15-20
Varsity Softball	15-18
Fresh-Soph Softball	15-20
Varsity Baseball	15-18
Sophomore Baseball	15-20
Freshman Baseball	15-20
Varsity Soccer Boys & Girls	15-22
JV Soccer Boys & Girls	15-22
Varsity Cheerleading	10-18
JV Cheerleading	10-18
Dance Team	10-18

- Football, Cross Country, Wrestling and Track will not cut athletes.

Tryouts will take place as follows:

1. Tryouts must be held on at least 2-3 days (preferably consecutive days when possible) with each session lasting at least 90 minutes when applicable.
2. Athletes will be chosen based on the following criteria but not limited to:
 - a. Athletic skill and ability
 - b. Work ethic and effort put forth
 - c. Personal character
 - d. Positive attitude
 - e. Academic performance
 - f. Disciplinary and Attendance history

Whether try outs should be needed or not will be determined by the Head Coach, Athletic Director, and Principal. The determination will be based on the number of athletes and the particular sport. Try outs will be announced as soon as possible. All tryouts will be conducted fairly and coaches are to explain their try out procedures and the criteria for making the team.

Parents will be contacted if a coach wants to move their freshman or sophomore son/daughter to the varsity level.

PLAYING TIME

Playing time will be determined strictly by the coaching staff. Having the opportunity to participate and represent your school and your community is a privilege and not a rite of passage afforded to all high school students. Playing time will normally be determined by factors similar to those core values used to determine team members during any tryout period including but not limited to:

- a. Athletic skill and ability

- b. Work ethic and effort put forth
- c. Personal character
- d. Positive attitude
- e. Academic performance
- f. Disciplinary and Attendance history

DISTRIBUTION OF HANDBOOKS

The Athletic Handbook will be posted online on the district website at www.gkschools.org. Hard copies of the Athletic Handbook are also available in the High School Student Services Department.

CONSENT FORM

All participants and their parents must sign and turn in the consent form before he/she will be allowed to participate in any extracurricular event.

CHAIN OF COMMAND

The Genoa-Kingston Community High School Athletic Department has established a Chain of Command that will be strictly enforced with regards to communication between disgruntled parents and fans and the Athletic department personnel. The Chain of Command is as follows:

1. Participant-Coach/Sponsor
2. Parent, Participant – Coach/Sponsor
3. Parent, Participant – Coach/Sponsor involved and Head Coach/Sponsor (if involved Coach is an assistant) & A.D.
4. Parents, Coach, Head Coach/Sponsor, Athletic Director and Principal

THE COACH/SPONSOR WILL HAVE THE OPTION OF HAVING THE ATHLETIC DIRECTOR PRESENT AT THE FIRST MEETING IF THEY FEEL IT WOULD BE BENEFICIAL.

(THIS BEING THE CASE, THE MEETINGS WOULD START ON STEP 2)

ALL MEETINGS BETWEEN PARENTS OR FANS AND SCHOOL EXTRACURRICULAR PERSONNEL WILL BE BY APPOINTMENT.

Playing time, or lack thereof, is not a viable lone reason to request a meeting with school personnel. Coaches do not have to validate any questions posed to them regarding playing time, specific play-calling or game-management strategies if they choose not to.

EXTRACURRICULAR EQUIPMENT

One of the values of athletics is teaching responsibility and this should apply to the case of athletic equipment as well as school property. Every athlete is expected to take pride in the facilities the people of Genoa-Kingston have provided.

The school provides safe, quality equipment. Each participant is expected to take excellent care of his/her equipment.

The original equipment issued must be returned by each student at the close of the season. Students will be responsible for the cost of lost or damaged equipment. A student will not be able to participate in an activity until all equipment from a previous activity has been returned. Additionally, a student will not receive any awards due at the completion of a season until all equipment has been returned.

If equipment needs repair or is not the right size, the coach should be notified immediately.

RISK OF INJURY

Participation in extracurricular competition obviously increases the risk of personal injury. The Genoa-Kingston coaching staff will make every attempt to properly condition each student so that this risk of injury is minimized. When an injury does occur, the Genoa-Kingston coaching staff /sponsor will take appropriate steps in attention to the injury and rehabilitation.

INSURANCE CLAIMS

Students who incur an injury where medical attention is required should submit the claims to their personal insurance provider. Unpaid expenses may then be turned into the school's provider. Claim forms for the unpaid portion are available at the High School.

ATHLETIC TRAINER SCHOOL VISITATION PROGRAM

Genoa-Kingston High School renders Athletic Trainer services for a minimum of twenty hours per week. Any participant is eligible to take advantage of this service whenever necessary. This is not a school trainer for all students but an athletic trainer for any student involved in a G-K extracurricular program.

If any injury is discovered after the athlete has returned home, he/she should go to his/her physician and report the injury to the coach the next school day. **A doctor's note is required for the athlete to return to practice or competition.** The coach/sponsor will then file a preliminary accident form with the Athletic Director.

AWARDS

The coaching staff/ sponsor for each activity will determine the specific criteria for each of the awards. The head coach/sponsor of each activity may offer alternative awards with the approval of the athletic director and the principal.

Varsity, Junior Varsity and F/S chenille letters will be awarded at the discretion of the particular coach of that squad. Generally, an athlete must participate in a minimum of 50% of the quarters or periods to attain such a varsity letter.

A student-athlete will receive only one of each level of letter (F/S, JV or Varsity). A pin designating the specific sport will be given when a student-athlete receives his/her first varsity letter in that sport. When an athlete receives a second varsity award for the same sport, he/she will be given a bar pin to signify a two-time letter winner.

SPECIAL AWARDS

United States Army Scholar Athlete Award

Seniors, both male and female, who letter in at least one varsity sport and maintain a minimum of a 3.00 grade point average are eligible for this award. Scholarship and leadership abilities are the primary criteria. The Principal, Guidance Counselor, and the Athletic Director will confer and decide upon this award.

Harry Henigan Award

The Harry Henigan Award is designed to honor the outstanding senior (male or female) student-athlete of the year. The ideal qualities for the recipient of this award include: leadership, team effort, respect for coaches, community rapport, and most importantly, overall athletic abilities. Student-athletes involved in more than one varsity sport will be given priority. Each coach on the coaching staff will get one vote in deciding this award.

Jack Cole Scholarship

The Jack Cole Scholarship is awarded each year to a Genoa-Kingston athlete as stipulated in Jack Cole's will. The Physical Education teachers determine the recipient of the scholarship according

IHSA ATHLETIC ELIGIBILITY RULES

The complete set of IHSA By-laws and Policies is available at www.ihsa.org.

- Click on the “About the IHSA” tab.
- Select “Constitution, By-laws & Policies.”

- Then select “Section 3 – Athletic By-laws” to read all policies and case studies pertaining to IHSA policies.

**GENOA-KINGSTON ATHLETIC DEPARTMENT
CORE VALUES**

*Academic Achievement

*Contributing to Life Success of all Student-Athletes

*School Loyalty and Support

*Sportsmanship, Character, Integrity

*Winning Programs