

Program Summary

EAP/Work-Life Model

3 Face to Face Session



“ When things happen that you can't handle,
we handle the things that happen. ”

Dedicated Toll-Free Crisis Line

- 24 hours a day
- 7 days a week
- 365 days a year

Counseling

- Face to Face Diagnostic Assessment *plus*
- Up to 2 Face to Face Short Term Problem Resolution Sessions (as clinically appropriate)

Referral Services

- Coordinated with existing health benefit plan
- Community Resources
- Support Groups

Legal Services

- Initial Clinical Assessment
- One initial 30 minute in-office or phone consultation
- 25% discount for services beyond initial consultation
- Simple Online-only Will Preparation

Financial Services

- Initial Clinical Assessment
One initial 60 minute phone consultation
- Referral to CPAs, CFPs and Credit Counselors
- 25% discount for services beyond initial consultation

Online EAP/Work-Life Resources (www.my-life-resource.com)

- Additional Legal & Financial Tools
- Financial Calculators
- Childcare
- Eldercare
- Health and Wellness
- Physician Directory
- Medication Search
- 1,000+ Articles
- Disaster Preparedness
- Simple Will Preparation

Program Implementation and Support Services

- Dedicated Account Executive
- Electronic promotional materials
- Newsletter communications
- Sample Policy & Procedures
- Unlimited Management Consultations
- Workplace Violence Prevention Consultation
- Return-to-work Consultations
- Multilingual Interpretation services

Annual Statistical Utilization Report (Groups over 100 lives)

Optional Services Available

(Additional cost, rates subject to change)

- Trainings (\$200- \$450/hour)
- On-Site Critical Incident Stress Management at rate up to \$250/hour (plus flat rate travel fee)

EAP services are provided by Health Management Systems of America, under agreement with Reliance Standard Life Insurance Company. Reliance Standard Life Insurance Company is licensed in all states (except New York), the District of Columbia, Puerto Rico, the U.S. Virgin Islands and Guam. In New York, insurance products and services are provided through First Reliance Standard Life Insurance Company, Home Office: New York, NY. Product availability and features may vary by state.