

# Program Summary

## EAP/Work-Life Model

### 3 Face to Face Session



“ When things happen that you can't handle,  
we handle the things that happen. ”

#### Dedicated Toll-Free Crisis Line

- 24 hours a day
- 7 days a week
- 365 days a year

#### Counseling

- Face to Face Diagnostic Assessment *plus*
- Up to 2 Face to Face Short Term Problem Resolution Sessions (as clinically appropriate)

#### Referral Services

- Coordinated with existing health benefit plan
- Community Resources
- Support Groups

#### Legal Services

- Initial Clinical Assessment
- One initial 30 minute in-office or phone consultation
- 25% discount for services beyond initial consultation
- Simple Online-only Will Preparation

#### Financial Services

- Initial Clinical Assessment  
One initial 60 minute phone consultation
- Referral to CPAs, CFPs and Credit Counselors
- 25% discount for services beyond initial consultation

#### Online EAP/Work-Life Resources ([www.my-life-resource.com](http://www.my-life-resource.com))

- Additional Legal & Financial Tools
- Financial Calculators
- Childcare
- Eldercare
- Health and Wellness
- Physician Directory
- Medication Search
- 1,000+ Articles
- Disaster Preparedness
- Simple Will Preparation

#### Program Implementation and Support Services

- Dedicated Account Executive
- Electronic promotional materials
- Newsletter communications
- Sample Policy & Procedures
- Unlimited Management Consultations
- Workplace Violence Prevention Consultation
- Return-to-work Consultations
- Multilingual Interpretation services

#### Annual Statistical Utilization Report (Groups over 100 lives)

#### Optional Services Available

(Additional cost, rates subject to change)

- Trainings (\$200- \$450/hour)
- On-Site Critical Incident Stress Management at rate up to \$250/hour (plus flat rate travel fee)

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